

## Recruitment to 31 Aug

### International 588

**Australia** 8  
Box Hill, Melbourne 8  
Canberra 0

**Canada** 32  
Cape Breton 1  
Halifax (NC) 31

**China** 103  
Tian Tan (NC) 16  
Wenzhou 87

**Egypt** 4  
Ain Shams Uni (NC) 4

**Eire** 1  
Dublin, Tallaght (NC) 1

**Hong Kong** 4

**India** 50  
AIIMS (NC) 20  
Armed For Med Coll 1  
Ludhiana, CMC 24  
Lilavati, LKMM 5

**Malaysia** 8  
Univer Sains Mly (NC) 8

**New Zealand** 39  
Dunedin 32  
Hawkes Bay (NC) 3  
Hutt Hospital 3  
Auckland 1

**Philippines** 16

**Poland** 97  
Inst Psyc & Neur (NC) 87  
Military Med Acad 9  
Hospital Sandomierz 1

**Romania** 26  
Clin Hosp, Oradea 6  
Fogolyan Kristof Sfantu 13  
Mures County (NC) 7

**Singapore** 153  
Singapore General 153

**Spain** 3  
Hospital La Paz (NC) 1  
Tarragona 2

**Sri Lanka** 44  
South Colombo 6  
Univ of Kelaniya (NC) 38

## The Newsletter for the Efficacy in Nitric Oxide Stroke Trial

Web: [www.enos.ac.uk](http://www.enos.ac.uk) Email: [enos@nottingham.ac.uk](mailto:enos@nottingham.ac.uk)

## Editorial by Mures County Emergency Hospital National Coordinating Centre, Romania

Greetings from Romania to all fellow participants of ENOS! It has been great joining this universal team, it being also a wonderful occasion to come together with many colleagues from Targu Mures and other parts of Romania.

We have been working together to overcome bureaucratic difficulties and some real-life problems of stroke-management. We have succeeded in including three centres throughout the country (Targu-Mures, Oradea and Sfantu-Gheorghe) and we are currently working with two more.

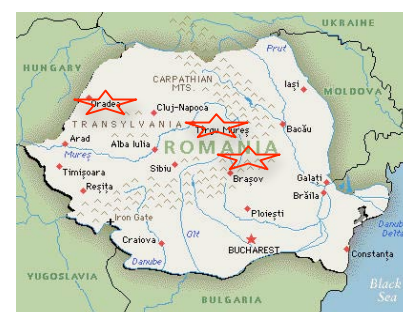
In Romania there are still some problems accepting stroke guidelines and treatment protocols. Some neurologists use antihypertensives, anticoagulants, neuroprotective drugs and mannitol traditionally and routinely, and without a clear indication. Unfortunately, this goes for pre-hospital management, too.

We have recruited, so far, a total number of 23 patients, thanks in part to the outstanding accomplishment of Dr Edith Sisak from Sfantu-Gheorghe. Seemingly, working in a small team with a limited number of colleagues and a good relationship with the pre-hospital services are important factors of her success. Meanwhile in recruiting patients, we have also found out our own weak-point: we still have to work hard to forge a highly functional multidisciplinary team.

Lots of patients are not put on or are not compliant with any antihypertensive treatment prior to the stroke and this makes it difficult to recruit patients for the stop/continue arm of the study.

Usually patients and their relatives have a positive attitude and they rarely refuse participation in the study realising that the suffering patient is the protagonist and the main beneficiary of our activity.

Best wishes to you all,  
Ildikó Szócs and Szabolcs Szatmári  
Targu-Mures  
National Coordinating Centre, Romania



Szabolcs Szatmári (4<sup>th</sup> from left)  
Ildikó Szócs (3<sup>rd</sup> from left)

UK	832
Aberdeen	70
Antrim Area Hospital, NI	1
Barnsley	12
Bishop Auckland	62
Blackpool Victoria	32
Borders Melrose	3
Chesterfield Royal	9
Countess of Chester	7
Cumberland Infirm, Carlisle	1
Derby Hospitals	35
Doncaster	14
Edinburgh Royal	7
Edinburgh Western	15
Fairfield General, Bury	12
Glasgow Royal Infirmary	10
Harrogate District	7
James Cook, Middlesbrough	7
John Radcliffe, Oxford	4
Kings College London	4
Leeds General Infirmary	4
Leicester General	4
Lincoln County	56
Macclesfield DGH	10
Monklands Glasgow	20
New Cross Wolverhampton	4
Newark Hospital	3
Newham General	27
Ninewells, Dundee	1
Northampton General	2
Nottingham City	184
Pilgrim Boston	34
QMC Nottingham	23
Royal Devon & Exeter	15
Royal Hallams Sheffield	1
Royal Lancaster	2
Royal Preston	8
Scarborough	6
Scunthorpe	2
Sherwood Forest Hospitals	7
Southport & Ormskirk	1
St Marys Isle of Wight	2
Staffordshire General	1
Stockport Stepping Hill	20
Stobhill Glasgow	3
Stoke-on-Trent	18
Royal London	1
Torbay	6
University Hosp, Aintree	10
University Hosp, Coventry	3
Victoria Hosp Kirkcaldy Fife	19
Watford General	9
West Cumberland Hosp.	1
Western Infirmary, Glasgow	2
Yeovil District Hospital	11

**Grand Total:**

**1,420**

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## Congratulations to...☆☆☆

- 4 centres for recruiting 3 patients in 30 days between 15 June to 14 July. A £250 conference fund goes to each of Fogolyan Kristof Hospital, Sfantu-Georghes, Romania (who recruited 5 patients in 30 days), University of Kelaniya, Sri Lanka, Kings College London, UK and Derby Hospitals, UK.
- Fogolyan Kristof Hospital, Romania for recruiting 8 patients in July 2009.
- All centres for recruiting 53 patients in July 2009 – the highest yet! – and 50 patients in June.
- Adelaide & Meath Hospital, Tallaght, Dublin for recruiting their first ENOS patient and the first patient in Eire.
- Hospital Sandiomerz, Poland; Hospital Joan XXIII Tarragona, Spain and West Cumberland Hospital, Whitehaven, UK for recruiting their first ENOS patients.
- Hospital Joan XXIII Tarragona, Spain for recruiting ENOS patient 1400.

## Tips of the month

### Drug chart:

Please write on the drug chart “Glyceryl trinitrate patch” or “GTN patch” and “Topical”. Please do not write “ENOS patch” as this implies there is a specific patch or placebo.

### Headache:

If a patient has a headache, please try to keep them in the trial. The patch can be taken off that day and tried again the next day.

### SAE form question, A11:

On SAE form, question A11 “relationship to study drug” should be answered as if blind to treatment, i.e. answered the same whether randomised to GTN or no GTN.

## ENOS Teleconference Workshops

Many thanks to the 6 international collaborators that participated in the ENOS teleconference workshop on 6 July. Please note the **change in date/time** for the next scheduled UK teleconference workshop. Email [enos@nottingham.ac.uk](mailto:enos@nottingham.ac.uk) if you would like to participate:

Wed 30 September 1.00 GMT UK Teleconference Workshop

### \*\*\*\*\*Recently Updated Forms\*\*\*\*\*

- Protocol violations form v1.3, Word version
- WPD: New Principal Investigator v1.0
- Fax cover sheet v1.3, Patient pack v1.3
- Updated insurance letters, July 2009-2010
- CV: Chief Investigator, Professor Philip Bath
- Protocol summary v1.6
- Original ethics application form 16 August 2001, now available on website for reference purposes



\*\*\*\*\***Happy Holidays...**  
**And please keep recruiting**  
**ENOS patients**\*\*\*\*\*

**ENOS now has 121 centres in 18 countries. More centres are welcome.**