

## Recruitment to 28 Feb

**International 512**

**Australia 8**  
Box Hill, Melbourne 8  
Canberra 0

**Canada 31**  
Halifax (NC) 30  
Cape Breton 1

**China 103**  
Tian Tan (NC) 16  
Wenzhou 87

**Egypt 0**

**Hong Kong 4**

**India 28**  
AIIMS (NC) 11  
Ludhiana, CMC 14  
Lilavati, LKMM 3

**Italy 0**

**Malaysia 8**

**New Zealand 39**  
Hawkes Bay (NC) 3  
Dunedin 32  
Hutt Hospital 3  
Auckland 1

**Philippines 16**

**Poland 94**  
Inst Psyc & Neur (NC) 85  
Military Med Acad 9

**Romania 0**

**Singapore 151**  
Singapore General 151

**Sri Lanka 30**  
Univ of Kelaniya (NC) 28  
South Colombo 2

**Spain 0**

## The Newsletter for the Efficacy in Nitric Oxide Stroke Trial

Web: [www.enos.ac.uk](http://www.enos.ac.uk) Email: [enos@nottingham.ac.uk](mailto:enos@nottingham.ac.uk)

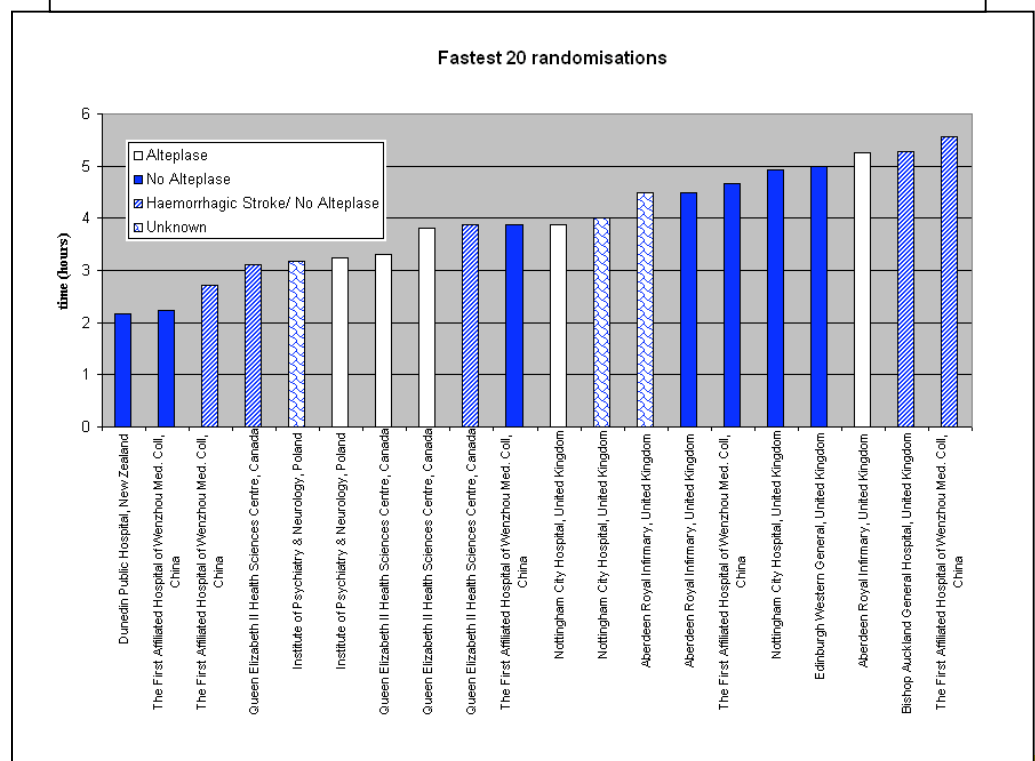
## Time to Randomisation

The ENOS Trial Steering Committee met recently for its annual review of the trial and, on review of the data, would like to see more patients randomised earlier in the 48 hour time window. Currently, only 10% of ENOS patients are randomised within 12 hours of stroke onset.

We are aware from discussions with investigators and coordinators that although many patients present to hospital within a few hours, a considerable delay can occur before enrolment, often with hospitalisation on one day and enrolment on the next. We fully understand that this can be for operational reasons, but also know that it is possible to recruit much sooner. This has been demonstrated in thrombolysis trials and even other large academic trials such as IMAGES (which had a 12 hour recruitment window and had a good spread over the 12 hours). Fast recruitment is possible in ENOS, as shown in the recruitment graph below.

The Trial Steering Committee and all of us in the Coordinating Centre hope that you can enrol patients as soon as possible after presentation to hospital.

### Quickest recruitment times for the fastest 20 patients randomised (some of whom received Alteplase).



## ENOS Competition

To encourage early recruitment within the 48-hour window, during March we are offering a prize of a hamper for the ward for each centre that recruits **two patients** into the ENOS trial in March with **less than 12 hours** from time of stroke onset to time of randomisation. Happy speedy recruiting!

## Congratulations to....



- South Tees Hospital, Middlesbrough UK, South Teaching Hospital Colombo, Sri Lanka, Northampton UK, Watford UK for recruiting their first ENOS patients.
- Antrim Area Hospital, the first centre to recruit in Northern Ireland, UK.
- Pilgrim Hospital, Boston UK for recruiting the first ENOS patient of 2009.
- Dunedin, NZ, for recruiting the fastest patient from time of stroke onset to randomisation in 2 hours 10 minutes.

## Welcome to....

### Egypt, Spain and Romania!

Three new countries have all been started up in the last two months.

We welcome all new investigators to ENOS and look forward to the first patient in each country being randomised.

#### Ain Shams University Hospital Team, Egypt

Professor Anwar Etribi with  
Professor M Osama Abdulghani,  
Vice Dean for postgraduate study,  
Professor Samia Ashour Helal and Professor  
Nahed Salah.



## Tips of the month

- **OMRON machines** – Do not forget to change the time on your OMRON machines to comply with your local time changes.
- **SAEs** – Please do not state “complication of initial stroke” if 4 weeks has passed since the original date of stroke onset.
- **CTs** – Randomisation should not be delayed by waiting for a CT/MRI scan. Patients can be enrolled into ENOS without a baseline CT.
- **Documents.** Ensure you forward all documents and CTs to ENOS Trial Office to ensure payment for patient recruitment is received.
- Please fax completed GTN accountability form to +44 (0) 115 823 1771.

### \*\*\*\*\*Recently Updated Forms\*\*\*\*\*

- ENOS Trial Office Contacts v1.5, Insurance letter for Romania/Eire, Protocol Violations and Deviations and Form v1.3.
- GTN accountability SOP v1.1, Patient Details Baseline Form International v1.0, Start up checklist UK v2.2 and International v2.3.
- MREC Letter 16 Feb 09, to confirm trial end date is 31 Oct 2011.

**ENOS now has 87 centres in 16 countries. More centres are welcome.**

## UK 677

Aberdeen	66
Antrim Area Hospital, NI	1
Barnsley	6
Bishop Auckland	55
Blackpool Victoria	26
Borders Melrose	3
Chesterfield Royal	3
Countess of Chester	7
Cumberland Infirmary, Carlisle	1
Derby Hospitals	26
Doncaster	9
Edinburgh Royal	7
Edinburgh Western	14
Glasgow Royal	5
Harrogate District	5
James Cook, Middlesbrough	1
John Radcliffe, Oxford	3
Kings College London	1
Leicester General	3
Lincoln County	49
Monklands Glasgow	15
New Cross Wolverhampton	4
Newham General	26
Northampton General	1
Nottingham City	177
Pilgrim Boston	29
QMC Nottingham	23
Royal Devon & Exeter	12
Royal Hallams Sheffield	1
Royal Preston	5
Scarborough	5
Scunthorpe	2
Sherwood Forest Hospitals	6
Southport & Ormskirk	1
St Marys Isle of Wight	2
Staffordshire General	1
Stockport Stepping Hill	19
Stobhill Glasgow	3
Stoke-on-Trent	14
Torbay	4
University Hosp, Aintree	7
University Hosp, Coventry	3
Victoria Hosp Kirkcaldy Fife	12
Watford General	1
Western Infirmary, Glasgow	2
Yeovil District Hospital	11

1,185

### ENOS Trial Office

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