ISRCTN99414122

## August 2006 Issue 31

#### Headlines:

- 500 patients
- Dysphagia
- Investigators meeting
- Tip of the month

### Current Recruitment 505



Congratulations to Dr. MacLeod and team in Aberdeen, UK for recruiting 4 patients last month!



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# ENOS NEWS



The Newsletter for the 'Efficacy of Nitric Oxide in Stroke' Trial

### **500 Patients**

We have now recruited more than 500 patients. Many thanks to all investigators who have helped ensure we met our target of 500 patients before the end of the start up phase. We are due to begin the main phase of the trial in November and are actively seeking new centres. We would like to express our thanks for the continued hard work of our ongoing active centres and look forward to you all recruiting more patients in the coming months.

### Consider patients with dysphagia

Investigators are reminded that the high proportion of acute stroke patients who cannot swallow are eligible for enrolment into the ENOS trial. Similarly, patients can still be enrolled into the stop-continue arm of the trial even if they are unable to swallow. In the instance of patients randomised to continue medication who are unable to swallow, it should be recorded on the day 7 form that they did not receive their allocated treatment.

### **Investigators Meeting**

We would like to welcome any investigators travelling to Cape Town for the World Stroke Congress in October to join us for an Investigators meeting. The meeting will be a joint session with our colleagues running the IST-3 trial and will take place in the congress centre at lunch break on Saturday 28<sup>th</sup> October. Please do not hesitate to contact us should you need any more information. This will be a great opportunity for us to discuss any arising issues investigators have with the trial and for us to welcome potential new investigators. Refreshments will be provided and we look forward to meeting you there.

# Tips of the month

Please remember to record two blood pressure measurements so that we can use the mean of the two, thus reducing errors due to spurious one off readings. We also remind investigators the importance of recording the results of carotid dopplers as data regarding the treatment of hypertension in patients with carotid stenosis is urgently needed.