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Headlines:

- Investigators meeting
- Stop/Continue arm
- Compliance
- Tip of the month

Current Recruitment 481



Congratulations to Dr. Jayathissa and team in Hutt Valley, New Zealand, for recruiting their first patient!



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ENOS NEWS



The Newsletter for the 'Efficacy of Nitric Oxide in Stroke' Trial

Investigators Meeting

Many thanks to investigators who joined us for the Investigators Meeting at the European Stroke Conference in Brussels in May. The meeting was well attended and a great success, prompting interesting discussion and debate. Many new sites expressed an interest in becoming part of the trial, including centres in Australia, Brazil, Italy, New Zealand, Portugal and United Kingdom.

Stop Continue Arm of Trial

It is vital that all patients taking antihypertensive medication routinely before their stroke are enrolled in to the stop-continue arm of the trial. To ensure this occurs all medication, whether prescribed for hypertension or other indications, such as heart failure or angina, must be notified on the baseline form in answer to the question "Has the patient taken any antihypertensive agent in the last 48hours?". If the patient has a strong indication for any of these medications and they cannot be discontinued, the patient should not be included into the trial.

Compliance

Please ensure that compliance with treatment is recorded correctly on the day seven form. For the question "Did the patient receive their GTN patch in hospital?" simply answer YES if the patient received GTN, and NO if they did not. Similarly, for the question "Did the patient receive their antihypertensive agent/s in hospital?" you should record YES if the patient received any pre-strike antihypertensive their, and NO if they did not. This data is vital for assessing treatment effects. Investigators are also reminded the questions on CT data requested on the Day 7 form refer to Baseline CT data (i.e. the first scan performed on this stroke admission) and not data from any subsequent scans.

Tips of the month

Patients should not be enrolled in the trial if they: (i) have symptoms which are resolving rapidly; (ii) or are likely to be discharged home within the next 24-48 hours. At day 90 patients who are still in hospital should be recorded as 'Still an in-patient' on the hospital event form and the date of form completion entered.

***** ENOS now has 31 centres in 10 countries****

More centres are welcome

Please join us