

**April 2003**

**Issue 11**

**Headlines:**

- Record recruitment into ENOS in March
- 2<sup>nd</sup> meeting of the ENOS steering committee
- 2<sup>nd</sup> ENOS Investigator's meeting

**Recruitment total: 112**

Aberdeen - 11  
Bishop Auckland - 9  
Boston - 0  
Cheltenham - 0  
Halifax (Canada) - 2  
Liverpool - 1  
Mansfield - 0  
Nottingham (City) - 46  
Nottingham (QMC) - 0  
Sheffield (Hallamshire) - 1  
Singapore - 34  
Rhyl - 0  
Warsaw (Institute of Psychiatry + Neurology) - 8  
Warsaw (Military Medical Academy) - 0

# ENOS NEWS

## **The Newsletter for the Efficacy of Nitric Oxide in Stroke Trial**

### **Record recruitment into ENOS in March / April 03**

The last two months have seen an unprecedented increase in recruitment into the ENOS trial. In March a record 22 patients were randomised. We'd like to thank all the participating centres for their help and

hard work in achieving this. up the good work! In particular, we'd like to congratulate Halifax (Canada), Warsaw (Institute of Psychiatry + Neurology) and Liverpool for recruiting their first patients into the trial. Keep

### **2<sup>nd</sup> Meeting of the ENOS Steering Committee**

On 25/3/2003 the ENOS Steering Committee met for the second time by teleconference. Several important issues were on the agenda. It was agreed that an International Co-ordinators Group be set up to address issues relating to the conduct of ENOS worldwide. This group will meet for the first time in May 2003 and will liaise

closely with the Steering Committee. It was also recommended that in order to maximise the data from mild stroke patients, local investigators should ask people who are discharged before the end of the treatment period to return for a day 7 visit. This will enable investigators to check compliance with patches taken out of

hospital, measure a day 7 BP and collect a day 7 blood sample. A new Standard Operating Procedure (SOP) which covers this change will be issued to participating centres shortly. We will obviously keep you informed of any other matters that arise in future newsletters.

### **2<sup>nd</sup> ENOS Investigator's Meeting 22<sup>nd</sup> May 2003**

We are pleased to announce that our second Investigator's meeting will be held this May at the European Stroke Conference in Valencia, Spain. The meeting is open to current investigators and anyone else who might be considering participating in the ENOS trial. The meeting will be held in

conjunction with several other UK trials in Committee Room 4 on Thursday 22<sup>nd</sup> May at 17.00pm. Hot and cold refreshments will be provided.

In the mean time if you have already decided to join ENOS please fax, email or post the form that is attached with this

newsletter to the ENOS trial office. You will find the address for this below. Also, please note that if you don't have time to fill out a lengthy ethics application then we can usually complete this for you.

## Expression of interest in ENOS

Many thanks for your interest in ENOS. We are trying to recruit as many sites as possible and it would help if you could provide us with some information about your facilities. This form should be faxed or posted to the ENOS trial co-ordinating centre in Nottingham.

Name	Postal Address
<input type="text"/>	<input type="text"/>
Email	
<input type="text"/>	
Telephone Number	Fax Number
<input type="text"/>	<input type="text"/>

Approximately how many strokes are admitted to your hospital each year?	<input type="text"/>
How many patients per month do you estimate you could recruit for ENOS?	<input type="text"/>
When might you be able to start recruiting?	<input type="text"/>

Do you already have any of the following (those marked with \* are essential to participate in ENOS):

An acute stroke unit / area?	Yes / No	(If yes, how many beds?.....)
A stroke rehabilitation unit / area?	Yes / No	(If yes, how many beds?.....)
A research nurse?	Yes / No	
A research doctor?	Yes / No	
A stroke / TIA outpatients clinic?	Yes / No	
Internet access?*	Yes / No	
Internet access on a stroke ward?	Yes / No	
Access to a fax machine?*	Yes / No	

Access to laboratory facilities for centrifuging and storage of frozen serum and EDTA blood samples?  
Yes / No

Can patients have a CT or MRI head scan by 7 days from the time of randomisation?\*

Yes / No

Have you been involved in any academic or commercial stroke trials in the last 10 years? Please give examples below.