

February 2003

Issue 10

Headlines:

- 1st ENOS Data Monitoring Committee report
- New Centres for ENOS
- How to join the ENOS trial

Recruitment total: 83

Aberdeen - 5

Bishop Auckland - 7

Cheltenham - 0

Halifax (Canada) - 0

Liverpool - 0

Nottingham (City) - 39

Nottingham (QMC) - 0

Sheffield (Hallamshire) - 1

Singapore - 31

Rhyl - 0

Warsaw (Institute of Psychiatry + Neurology) - 0

Warsaw (Military Medical Academy) - 0

ENOS NEWS

The Newsletter for the Efficacy of Nitric Oxide in Stroke Trial

1st ENOS Data Monitoring Committee report

The Data Monitoring Committee (DMC) recently reviewed data on the 2001/2002 recruitment into ENOS and have passed on the results of their deliberations: "The Data Monitoring Committee met by teleconference on 17th December. We reviewed data on the first 67 patients randomised. 7 day outcome data was available for all patients, and 3-month follow up was available for 29 patients. The data we reviewed gave no cause for concern and the committee saw no reason to modify the protocol or alter intake into the study. We plan to meet

again in 6 months time." "The committee concluded by confirming their view that the ENOS trial is addressing two important questions about the management of patients with acute stroke. The investigators are to be congratulated for getting the trial underway." The DMC did point out that compliance with allocated treatment could be improved and we urge investigators to ensure, as far as possible, that patients receive their allocated treatment, that is they receive GTN or not, and stop or continue prior antihypertensive

therapy, as randomised. Notwithstanding this, we are pleased that we and the trial have passed this important milestone. Many thanks for all the hard work and keep on recruiting!

In addition to this the ENOS trial Steering Committee will be convening in the near future for their next teleconference. We will keep you informed of any matters arising from this meeting in subsequent newsletters.

Several New Centres for ENOS

This month ENOS trial staff made a 'start up' visit to our newest centre at the University Hospital Aintree, Liverpool. We would like to welcome them to the ENOS trial and we wish them well in recruiting their first patients shortly. Also we are pleased to announce that the ENOS trial office has received notification of

successful ethics approval to start recruitment at 2 new centres in the UK; Mansfield Community Hospital and the Pilgrim Hospital, Boston Lincolnshire. Our trial manager will be visiting both of these centres shortly with a 'welcome pack' to enable them to begin recruitment. Lastly, we can confirm that arrangements for our

2 Polish centres have now been finalised such that they are now both poised to begin enrolling patients into ENOS. Once again, we'd like to thank the research staff at both of these centres for their help in getting ENOS up and running in Poland.

How to join the ENOS trial

If you are interested in joining ENOS please fax, email or post the form that is attached with this newsletter to the ENOS trial office. You'll find the address for this below. Alternatively, you can meet

with us at the 12th European Stroke Conference in Valencia. We will be holding the 2nd ENOS Investigator's meeting at this venue on Thursday the 22nd May. Please note that if you do decide

to join ENOS but don't have time to fill out a lengthy ethics application then we can complete this for you.

Expression of interest in ENOS

Many thanks for your interest in ENOS. We are trying to recruit as many sites as possible and it would help if you could provide us with some information about your facilities. This form should be faxed or posted to the ENOS trial co-ordinating centre in Nottingham.

Name	Postal Address
<input type="text"/>	<input type="text"/>
Email	
<input type="text"/>	
Telephone Number	Fax Number
<input type="text"/>	<input type="text"/>

Approximately how many strokes are admitted to your hospital each year?	<input type="text"/>
How many patients per month do you estimate you could recruit for ENOS?	<input type="text"/>
When might you be able to start recruiting?	<input type="text"/>

Do you already have any of the following (those marked with * are essential to participate in ENOS):

An acute stroke unit / area?	Yes / No	(If yes, how many beds?.....)
A stroke rehabilitation unit / area?	Yes / No	(If yes, how many beds?.....)
A research nurse?	Yes / No	
A research doctor?	Yes / No	
A stroke / TIA outpatients clinic?	Yes / No	
Internet access?*	Yes / No	
Internet access on a stroke ward?	Yes / No	
Access to a fax machine?*	Yes / No	

Access to laboratory facilities for centrifuging and storage of frozen serum and EDTA blood samples?
Yes / No

Can patients have a CT or MRI head scan by 7 days from the time of randomisation?*

Yes / No

Have you been involved in any academic or commercial stroke trials in the last 10 years? Please give examples below.