

## ENOS ARRIVES IN CANADA

**T**he ENOS acronym stands for "Efficacy of Nitric Oxide in Stroke". This study is an international, multicentre, trial investigating the safety and efficacy of treatment with transdermal glyceryl trinitrate, a nitric oxide donor, and of continuing or stopping prior antihypertensive therapy, in patients with acute ischaemic or haemorrhagic stroke.

### NEW CENTRES FOR ENOS

We are pleased to announce that, following notification of a successful local ethics approval, our first Canadian centre in Halifax Nova Scotia is poised to begin enrolling patients into ENOS. We'd like to thank them for their efforts in helping the Trial Management Committee obtain Health Canada approval for ENOS and we wish them well in recruiting their first patients shortly.

In addition to this, ENOS has local ethics approval to begin recruitment at the Aberdeen Royal Infirmary. This means the trial will have actively recruiting centres located in all three regions of the UK. Our trial manager will shortly be making a 'welcome visit' to enable recruitment to begin in Aberdeen. We look forward to being able to bring you news in the near future of other Scottish centres that are currently applying to join ENOS.

Finally, in our next newsletter we hope to have news of new centres in the UK and Poland that are close to joining the trial.

### 1<sup>ST</sup> MEETING OF THE DATA MONITORING COMMITTEE

In December this year the independent Data Monitoring Committee will be convening for their first teleconference. Their remit will be to review the data from the 2001/2002 recruitment into ENOS. We will obviously keep you informed of any matters arising from this meeting.

### WE CAN HELP COMPLETE YOUR ETHICS FOR YOU

If you are interested in joining ENOS please fax, email or post the form which is attached with this newsletter to the ENOS trial office. You'll find the address for this below. Alternatively, you can access this form at the ENOS trial website or contact us at [enos@nottingham.ac.uk](mailto:enos@nottingham.ac.uk). Please note that if you do want to join but don't have time to fill out a lengthy ethics application then we can usually help.

### RECRUITMENT TOTAL: 61

NOTTINGHAM CITY HOSPITAL - 34  
SINGAPORE GENERAL HOSPITAL - 22  
GLAN CLWYD GENERAL HOSPITAL - 0  
ROYAL HALLAMSHIRE, SHEFFIELD - 1  
ABERDEEN, SCOTLAND - 0

NOTTINGHAM, QUEEN'S MEDICAL CENTRE - 0  
BISHOP AUCKLAND GENERAL HOSPITAL - 4  
DELANCEY HOSPITAL, CHELTENHAM - 0  
HALIFAX, CANADA - 0