



## Recruitment to 30 Apr

**2301**

### International 846

|                              |             |
|------------------------------|-------------|
| <b>Australia</b>             | <b>8</b>    |
| Box Hill, Melbourne          | 8           |
| <b>Canada</b>                | <b>33</b>   |
| Cape Breton                  | 1           |
| Halifax (NC)                 | 32          |
| <b>China</b>                 | <b>103</b>  |
| Tian Tan (NC)                | 16          |
| Wenzhou                      | 87          |
| <b>Egypt</b>                 | <b>36</b>   |
| Ain Shams Uni (NC)           | 9           |
| Al Zahraa Hospital           | 3           |
| Assuit Univ Hospital         | 17          |
| Menoufiya Uni                | 6           |
| <b>Hong Kong</b>             | <b>4</b>    |
| <b>India</b>                 | <b>100</b>  |
| AIIMS (NC)                   | 25          |
| Armed For Med Coll           | 1           |
| Christian Med Coll, Ludhiana | 50          |
| JIPMER                       | 5           |
| Lilavati, LKMM               | 15          |
| Shree Krishna                | 4           |
| <b>Italy</b>                 | <b>11</b>   |
| University Perugia (NC)      | 11          |
| <b>Malaysia</b>              | <b>11</b>   |
| Univer Sains Mly (NC)        | 8           |
| Sarawak, Kuching             | 3           |
| <b>New Zealand</b>           | <b>50</b>   |
| Auckland                     | 1           |
| Dunedin                      | 43          |
| Hawkes Bay (NC)              | 3           |
| Hutt Hospital                | 3           |
| <b>Philippines</b>           | <b>16</b>   |
| <b>Poland</b>                | <b>108</b>  |
| Hospital Sandomierz          | 1           |
| Inst Psyc & Neur (NC)        | 98          |
| Military Med Acad            | 9           |
| <b>Republic of Ireland</b>   | <b>6</b>    |
| Dublin, Tallaght (NC)        | 6           |
| <b>Romania</b>               | <b>117</b>  |
| Fogolyan Kristof Sftu        | 33          |
| Mures County (NC)            | 44          |
| Spitalul Clinic, Oradea      | 40          |
| <b>Singapore</b>             | <b>155</b>  |
| Singapore General            | 155         |
| <b>Spain</b>                 | <b>8</b>    |
| Tarragona                    | 6           |
| Hospital La Paz (NC)         | 2           |
| <b>Sri Lanka</b>             | <b>80</b>   |
| South Colombo                | 26          |
| Univ of Kelaniya (NC)        | 54          |
| <b>UK</b>                    | <b>1455</b> |
| Aberdeen                     | 83          |
| Airedale NHS Trust           | 1           |
| Antrim Area Hospital, NI     | 9           |
| Arrowe Park, Wirral          | 6           |
| Barnsley                     | 35          |
| Basingstoke and N Hamps      | 1           |
| Blackpool Victoria           | 41          |
| Borders General Melrose      | 3           |
| Bradford Royal Infirmary     | 2           |
| Calderdale Royal, Halifax    | 1           |
| Charing Cross, London        | 3           |
| Chesterfield Royal           | 28          |
| Countess of Chester          | 7           |

## Newsletter for the Efficacy in Nitric Oxide Stroke Trial

Web: [www.enos.ac.uk](http://www.enos.ac.uk) Email: [enos@nottingham.ac.uk](mailto:enos@nottingham.ac.uk) Tel: +44 (0)115 823 1770

## European Stroke Conference

<http://www.eurostroke.eu/hamburg.html>

ENOS and IST3 are co-hosting stand 107 at ESC, Hamburg. Please come and visit the stand if you are attending the conference. We are also holding an Investigator Meeting on Wednesday 25 May, 6-8pm, in Hall 7, at the Congress Centre. The agenda is as follows:

|              |  |
|--------------|--|
| 6.00 to 6.30 | ENOS Prof Philip Bath                          |
| 6.30 to 7.00 | IST3 Prof Peter Sandercock/Prof Joanna Wardlaw |
| 7.00 to 8.00 | Drinks and canapés                             |

## Day 7 CT Scans

Only 25% of participants are having a Day 7 CT/MRI scan against an expected 50%. The reason for requesting a Day 7 scan is to compare the and baseline scans to assess the evolution of the stroke lesion (size, development of haemorrhagic transformation if an infarct, or change in bleed size if a primary haemorrhage) and appearance of early recurrent lesions. An additional payment of £80 is available for each day 7 scan performed providing data from the pre-randomisation scan and the other trial documentation has been submitted to the ENOS International Coordinating Centre.

## Blood samples

We have sent out email requests to let us know what blood samples your centre is storing for ENOS. We will be arranging to collect these over the next few months. If you have not already done so, please fax your completed blood sample freezer log form to ENOS Office. All samples need to be labelled using a smudge proof and fade-free pen at low temperatures with: date of sample, patient trial number, initials and centre number.

<http://www.nottingham.ac.uk/~nszwww/enos/enosbloodsamplelogv10.pdf>

## Tips of the month

- Please recruit patients as soon as possible after admission (and not the next day). Remember, recruitment can start immediately after open label alteplase is started in patients with ischemic stroke.
- AF patients are not excluded from the trial.

**ENOS now has 129 recruiting centres in 17 countries.**

**More centres are still welcome.**

|                                  |     |
|----------------------------------|-----|
| Craigavon Area Hospital          | 1   |
| Cumberland Infirm, Carlisle      | 1   |
| Darlington/Bishop Auckland       | 87  |
| Derby Hospitals                  | 52  |
| Diana Princess, Grimsby          | 5   |
| Doncaster                        | 25  |
| Edinburgh Royal                  | 7   |
| Edinburgh Western                | 19  |
| Erne, Enniskillen                | 2   |
| Fairfield General, Bury          | 16  |
| Glasgow Royal Infirmary          | 19  |
| Grantham District Hospital       | 2   |
| Harrogate District               | 11  |
| Hereford County                  | 2   |
| James Cook, Middlesborough       | 17  |
| James Paget, Great Yarmouth      | 4   |
| John Radcliffe, Oxford           | 9   |
| Kettering General                | 1   |
| Kings College London             | 6   |
| Leeds General Infirmary          | 14  |
| Leicester Royal Infirmary        | 11  |
| Lincoln County                   | 94  |
| Macclesfield DGH                 | 22  |
| Monklands Glasgow                | 24  |
| Musgrove Park, Taunton           | 10  |
| New Cross Wolverhampton          | 8   |
| Newark Hospital                  | 3   |
| Newham General                   | 29  |
| Ninewells, Dundee                | 7   |
| Norfolk & Norwich Uni Hosp       | 3   |
| Northampton General              | 3   |
| Northumbria, Wansbeck            | 1   |
| Northwick Park, London           | 31  |
| Nottingham City                  | 229 |
| Nottingham QMC                   | 23  |
| Pilgrim Boston                   | 54  |
| Poole, Dorset                    | 1   |
| Portsmouth Hospitals             | 4   |
| Rochdale Infirmary               | 6   |
| Rotherham General Hospital       | 4   |
| Royal Blackburn                  | 3   |
| Royal Cornwall Hospitals         | 4   |
| Royal Devon & Exeter             | 20  |
| Royal Hallamshire, Sheffield     | 1   |
| Royal Lancaster Infirmary        | 9   |
| Royal Liverpool Univ Hospital    | 3   |
| Royal Preston                    | 13  |
| Royal United Hospital, Bath      | 2   |
| Royal Victoria Inf, Newcastle    | 19  |
| Salford Royal                    | 4   |
| Scarborough General Hospital     | 7   |
| Scunthorpe General Hospital      | 2   |
| Sherwood Forest Hospitals        | 11  |
| Shrewsbury & Telford             | 5   |
| Solihull Hospital                | 5   |
| Southport & Ormskirk             | 1   |
| St George's, London              | 1   |
| St Marys Isle of Wight           | 2   |
| St Richards, Chichester          | 11  |
| Staffordshire General            | 1   |
| Stockport Stepping Hill          | 22  |
| Stobhill Hospital, Glasgow       | 5   |
| The Ipswich Hospital             | 1   |
| The Royal Bournemouth            | 2   |
| The Royal Inf, Stoke-on-Trent    | 55  |
| The Royal London Hospital        | 8   |
| The Ulster Hospital              | 2   |
| Torbay District General Hospital | 22  |
| University Hospital, Aintree     | 13  |
| University Hospital, Coventry    | 5   |
| University Hospitals, Bristol    | 7   |
| Victoria Hosp Kirkcaldy Fife     | 37  |
| Watford General Hospital         | 29  |
| West Cumberland Hospital         | 2   |
| Western Infirmary, Glasgow       | 5   |
| Whiston Hospital, Merseyside     | 4   |
| Yeovil District Hospital         | 11  |
| York Hospital                    | 8   |
| Ysbyty Gwynned, Bangor           | 1   |

## Congratulations to....



- Assuit University Hospital, Egypt; JIPMER, Pondicherry, India; Al Zahraa Hospital, Cairo, Egypt and Northumbria Healthcare NHS Foundation Trust, UK for recruiting their first ENOS patients.
- All centres for helping with fantastic recruitment in March and April. In March, **52** patients were recruited (**25** international and **27** patients UK). In April, **48** patients were recruited (**32** international and **16** UK). March 2011 recruitment was the highest total in the last 12 months. Our minimum target is at least **45** patients a month.
- Assuit University Hospital, Egypt for recruiting 7 patients in one month.
- Assuit University, Egypt; Christian Medical College, Ludhiana, India; Mures County Emergency Hospital, Targu-Mures, Romania and Northwick Park, UK for being the highest recruiting centres in the last 90 days recruiting at least 7 patients in 90 days.
- **Recruitment offer:** All centres that recruit 4 patients between 20 April and 23 May will receive a prize of a hamper for the ward.

## New Centre

Welcome to new centre, JIPMER, Pondicherry in India from ENOS. The Principal Investigator is Professor Sunil Narayan (front row, centre) joined by his team, and they have already recruited their first patient.



## Carotid Dopplers

Please remember to do carotid duplex (or MAA/CTA) assessments in all patients with ischemic stroke. If the scan is not clinically indicated, we are able to pay for it to be done. We have uploaded a document to the ENOS documents web page that allows conversion of blood velocity (peak systolic velocity PSV) to an equivalent stenosis value. This will be useful if stenosis cannot be measured directly.

## Diary Dates

- 24-27 May, European Stroke Conference, Hamburg
- 11 May SW SRN Meeting, Exeter
- 17 June, World Stroke Conference, Newport
- 28 October, NW SRN Annual Meeting
- 29 November - 1 December, UK Stroke Forum