

Recruitment to 28 Feb

2196

International 785

| | |
|----------------------------|------------|
| Australia | 8 |
| Box Hill, Melbourne | 8 |
| Canada | 33 |
| Cape Breton | 1 |
| Halifax (NC) | 32 |
| China | 103 |
| Tian Tan (NC) | 16 |
| Wenzhou | 87 |
| Egypt | 14 |
| Ain Shams Uni (NC) | 9 |
| Menoufiya Uni | 4 |
| Hong Kong | 4 |
| India | 88 |
| AIIMS (NC) | 23 |
| Armed For Med Coll | 1 |
| Ludhiana, CMC | 45 |
| Lilavati, LKMM | 15 |
| Shree Krishna | 4 |
| Italy | 8 |
| University Perugia (NC) | 8 |
| Malaysia | 11 |
| Univer Sains Mly (NC) | 8 |
| Sarawak, Kuching | 3 |
| New Zealand | 49 |
| Dunedin | 42 |
| Hawkes Bay (NC) | 3 |
| Hutt Hospital | 3 |
| Auckland | 1 |
| Philippines | 16 |
| Poland | 108 |
| Inst Psyc & Neur (NC) | 98 |
| Military Med Acad | 9 |
| Hospital Sandomierz | 1 |
| Republic of Ireland | 6 |
| Dublin, Tallaght (NC) | 6 |
| Romania | 102 |
| Clin Hosp, Oradea | 35 |
| Fogolyan Kristof Sftu | 30 |
| Mures County (NC) | 35 |
| Singapore | 155 |
| Singapore General | 155 |
| Spain | 8 |
| Hospital La Paz (NC) | 2 |
| Tarragona | 6 |
| Sri Lanka | 73 |
| South Colombo | 22 |
| Univ of Kelaniya (NC) | 51 |

| | |
|--------------------------|-------------|
| UK | 1411 |
| Aberdeen | 82 |
| Airedale NHS Trust | 1 |
| Antrim Area Hospital, NI | 8 |
| Arrowe Park, Wirral | 6 |
| Barnsley | 34 |
| Blackpool Victoria | 39 |
| Borders General Melrose | 3 |

Newsletter for the Efficacy in Nitric Oxide Stroke Trial

Web: www.enos.ac.uk Email: enos@nottingham.ac.uk Tel: +44 (0)115 823 1770

SCAST Trial Results

The SCAST trial results were presented at the International Stroke Conference, Los Angeles and published in the Lancet in February 2011:

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(11\)60104-9/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(11)60104-9/abstract)

SCAST was neutral, although there was a negative trend. The results are internally consistent, and externally consistent with earlier trials (see the meta-analysis in the paper). However, the results are difficult to understand since the BP changes were relatively smaller, the drug was weaned up from a low dose over the first few days, and candesartan has shown neuroprotective properties in pre-clinical stroke models.

The Data Monitoring Committee have been asked to consider the SCAST results in the context of the ENOS and other trial data. But the results suggest that it is very important that ENOS (and INTERACT-2) continue so that the stroke community gets definitive results about acute BP management. Please also remember that ENOS is testing a very different agent from SCAST and that previous studies show that nitric oxide, as released from GTN, has specific brain effects on brain blood flow and brain cells.

Any comments on SCAST are most welcome and please forward them to enos@nottingham.ac.uk or raise them at the next telecon workshops. In the meantime we continue to recruit, with recruitment currently standing at 2,196 patients (from 124 recruiting sites, 1,087=49% in the continue-stop part) and we are on target to reach 3,500 by October 2013.

Please continue to recruit in your centres!

Prof Philip Bath

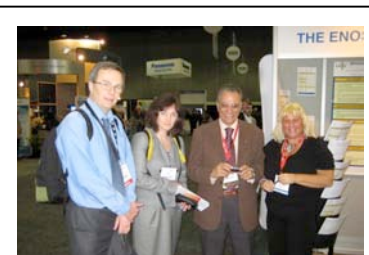
ISC, AHA, Los Angeles, Feb 2011

International Stroke Conference, American Heart Association

ENOS hosted a stand at the ISC in LA, 9-11 Feb and met with colleagues from Egypt, Italy, Australia, Greece, Serbia, Norway and Canada.

Congratulations to....

- Royal Bournemouth Hospital, UK; Basingstoke and North Hampshire Hospital, UK; Calderdale Hospital, Halifax; Kettering General Hospital, UK for recruiting their first ENOS patients.
- Christian Medical College, Ludhiana, India and Colombo South Teaching Hospital, Sri Lanka for winning the international centre prize for 3 patients in 3 weeks.
- Lincoln County Hospital UK for winning the highest recruiting UK centre prize for recruiting 4 patients in 4 weeks.
- Nottingham City, Lincoln, Northwick Park, UK and Christian Medical College India for being the highest recruiting centres in the last 90 days.



Philip Bath, Joanna Wardlaw, Anwar Etribi and Sharon Ellender at ISC

| | |
|------------------------------|-----|
| Bradford Royal Infirmary | 2 |
| Calderdale Royal, Halifax | 1 |
| Charing Cross, London | 3 |
| Chesterfield Royal | 28 |
| Countess of Chester | 7 |
| Craigavon Area Hospital | 1 |
| Cumberland Infirm, Carlisle | 1 |
| Darlington/Bishop Auckland | 85 |
| Derby Hospitals | 52 |
| Diana Princess, Grimsby | 5 |
| Doncaster | 24 |
| Edinburgh Royal | 7 |
| Edinburgh Western | 19 |
| Erne, Enniskillen | 1 |
| Fairfield General, Bury | 16 |
| Glasgow Royal Infirmary | 19 |
| Grantham District Hosp | 2 |
| Harrogate District | 11 |
| Hereford County | 2 |
| James Cook, Middlesbrough | 17 |
| James Paget, Gt Yarmouth | 4 |
| John Radcliffe, Oxford | 9 |
| Kettering General | 1 |
| Kings College London | 6 |
| Leeds General Infirmary | 14 |
| Leicester General | 9 |
| Lincoln County | 93 |
| Macclesfield DGH | 22 |
| Monklands Glasgow | 23 |
| Musgrove Park, Taunton | 7 |
| New Cross Wolverhampton | 8 |
| Newark Hospital | 3 |
| Newham General | 29 |
| Ninewells, Dundee | 7 |
| Norfolk & Norwich Uni Hosp | 3 |
| Northampton General | 3 |
| Northwick Park, London | 31 |
| Nottingham City | 226 |
| Nottingham QMC | 23 |
| Pilgrim Boston | 54 |
| Poole, Dorset | 1 |
| Portsmouth Hospitals | 4 |
| Rochdale Infirmary | 6 |
| Rotherham | 3 |
| Royal Blackburn | 3 |
| Royal Cornwall | 4 |
| Royal Devon & Exeter | 20 |
| Royal Hallams Sheffield | 1 |
| Royal Lancaster | 9 |
| Royal Liverpool | 3 |
| Royal Preston | 13 |
| Royal United, Bath | 2 |
| Royal Victoria, Newcastle | 16 |
| Salford Royal | 3 |
| Scarborough | 7 |
| Scunthorpe | 2 |
| Sherwood Forest Hospitals | 11 |
| Shrewsbury & Telford | 4 |
| Solihull Hospital | 5 |
| Southport & Ormskirk | 1 |
| St George's, London | 1 |
| St Marys Isle of Wight | 2 |
| St Richards, Chichester | 10 |
| Staffordshire General | 1 |
| Stockport Stepping Hill | 22 |
| Stobhill Glasgow | 5 |
| The Ipswich Hospital | 1 |
| The Royal Bournemouth | 1 |
| Stoke-on-Trent, Royal Inf | 52 |
| The Royal London | 8 |
| The Ulster Hospital | 2 |
| Torbay | 20 |
| University Hosp, Aintree | 13 |
| University Hosp, Coventry | 5 |
| University Hosp, Bristol | 7 |
| Victoria Hosp Kirkcaldy Fife | 36 |
| Watford General | 28 |
| West Cumberland Hosp. | 2 |
| Western Infirmary, Glasgow | 2 |
| Whiston Hospital, Mersyside | 3 |
| Yeovil District Hospital | 11 |
| York Hospital | 7 |
| Ysbyty Gwynned, Bangor | 1 |

ENOS now has 124 recruiting centres in 18 countries.

More centres are still welcome.

India Investigator Meeting

An ENOS investigators' meeting was held on Tuesday, 4 January 2011 at the All India Institute of Medical Sciences, New Delhi, India and hosted by the National Coordinating Centre, AIIMS, New Delhi. Participating centres and new centres attended the meeting, which involved talks by Prof. Kameshwar Prasad, National Coordinator of ENOS in India, Dr. Sandeep Ankeloker ENOS Trial Medic, University of Nottingham, and Mr. Kamal Gulati from the office of the National Coordinator, India.



Egypt Investigator Meeting

An ENOS investigators' meeting was held on Thursday, 6 January 2011 in Cairo, Egypt and hosted by the National Coordinating Centre, Ain Shams University. Participating centres and new centres attended the meeting, which involved talks by Prof. Philip Bath, Chief Investigator

and
Prof Anwar Etribi,
National
Coordinator
of ENOS in
Egypt.



Diary Dates

European Stroke Conference, 24-27 May, Hamburg. ENOS will host a stand with IST-3.

Teleconference workshops:

- 4 May, 12.30 GMT UK teleconference
- 4 May, 9.00 GMT International teleconference

If you wish to take part, please email enos@nottingham.ac.uk. Toll free dial-in numbers will be forwarded nearer the time.

Tip of the month

We are carrying out some routine database checks and may contact you to clarify data. Apologies in advance for multiple queries!

*****Recently Updated Forms*****

- Minutes, UK Teleconference Workshop, 13 January 2011
- Minutes, International Teleconference Workshop, 13 January 2011
- Protocol violations and deviations form and SOP, v1.5, November 2010
- FAQ, v2.3, 23 November 2010
- GTN accountability form, v1.1, 14 December 2010
- MHRA and REC substantial amendment form, 17 December 2010