

Recruitment to 31 Oct

2052

International 763

Australia	8
Box Hill, Melbourne	8
Canada	33
Cape Breton	1
Halifax (NC)	32
China	103
Tian Tan (NC)	16
Wenzhou	87
Egypt	8
Ain Shams Uni (NC)	8
Hong Kong	4
India	79
AIIMS (NC)	23
Armed For Med Coll	1
Ludhiana, CMC	38
Lilavati, LKMM	15
Italy	4
University Perugia (NC)	4
Malaysia	9
Univer Sains Mlya (NC)	8
Sarawak, Kuching	1
New Zealand	47
Dunedin	40
Hawkes Bay (NC)	3
Hutt Hospital	3
Auckland	1
Philippines	16
Poland	107
Inst Psyc & Neur (NC)	97
Military Med Acad	9
Hospital Sandomierz	1
Republic of Ireland	6
Dublin, Tallaght (NC)	6
Romania	100
Clin Hosp, Oradea	35
Fogolyan Kristof Sftu	30
Mures County (NC)	35
Singapore	155
Singapore General	155
Spain	8
Hospital La Paz (NC)	2
Tarragona	6
Sri Lanka	66
South Colombo	18
Univ of Kelaniya (NC)	48

UK	1299
Aberdeen	78
Antrim Area Hospital, NI	5
Arrowe Park, Wirral	6
Barnsley	31
Blackpool Victoria	39
Borders Melrose	3
Bradford Royal Infirmary	2
Charing Cross, London	3

Newsletter for the Efficacy in Nitric Oxide Stroke Trial

Web: www.enos.ac.uk Email: enos@nottingham.ac.uk Tel: +44 (0)115 823 1770

Recruitment Tips from Northwick Park

Northwick Park recruited ENOS patient 2000, winning a chocolate hamper. They have recruited 9 patients in the last 90 days.

"The key to successful recruitment is to consider every patient eligible until proved otherwise. The faster you assess them the better, so that you don't miss anyone because they have passed the 48 hour window or someone has started them on their usual antihypertensive drugs. Meet with every new admission to the stroke unit as soon as the doctors have finished their round. Ask the doctors if new patients are strokes or mimics. Tell them you are screening for ENOS and not to restart their antihypertensive drugs until you say so. Once they are recruited make sure everyone (doctors, pharmacists and nurses) knows they are in ENOS so that they don't start drugs they shouldn't and tear off what seem to be unnecessary bits of gauze!"

By Mushiya Mpelembue and David Cohen



Dr Cohen and team

Northwick Park
Harrow
UK



Congratulations to... ★ ★ ★

- All centres for recruiting **35** patients in September 2010 and **49** patients in October 2010. We need to recruit at least **45** patients a month to achieve our target.
- Northwick Park Hospital, UK for recruiting ENOS patient 2,000, 4 patients in 2 days and winning a chocolate hamper for the ward.
- Grantham Hospital, UK; Shree Krishna Hospital, India; The Ipswich Hospital, UK; Sarawak General Hospital, Kuching, Malaysia; Erne Hospital, Enniskillen UK, St Georges Hospital London, UK for recruiting their first ENOS patients.
- Northwick Park, UK; Oradea, Romania; Lincoln County Hospital and Stoke on Trent, UK for being the Highest Recruiting Centres in the last 90 Days.

ENOS now has 117 recruiting centres in 18 countries. More centres are welcome.

Chesterfield Royal	27
Countess of Chester	7
Craigavon Area Hospital	1
Cumberland Infirm, Carlisle	1
Darlington/Bishop Auckland	79
Derby Hospitals	51
Diana Princess, Grimsby	5
Doncaster	22
Edinburgh Royal	7
Edinburgh Western	19
Erne, Enniskillen	1
Fairfield General, Bury	15
Glasgow Royal Infirmary	17
Grantham District Hosp	2
Harrogate District	11
Hereford County	2
James Cook, Middlesbrough	13
James Paget, Gt Yarmouth	3
John Radcliffe, Oxford	8
Kings College London	6
Leeds General Infirmary	13
Leicester General	8
Lincoln County	83
Macclesfield DGH	22
Monklands Glasgow	22
Musgrove Park, Taunton	3
New Cross Wolverhampton	5
Newark Hospital	3
Newham General	29
Ninewells, Dundee	6
Norfolk & Norwich Uni Hosp	3
Northampton General	3
Northwick Park, London	24
Nottingham City	215
Nottingham QMC	23
Pilgrim Boston	51
Poole, Dorset	27
Portsmouth Hospital	1
Rochdale Infirmary	6
Rotherham	2
Royal Blackburn	3
Royal Cornwall	4
Royal Devon & Exeter	19
Royal Hallams Sheffield	1
Royal Lancaster	9
Royal Liverpool	3
Royal Preston	13
Royal United, Bath	2
Royal Victoria, Newcastle	11
Scarborough	7
Scunthorpe	2
Sherwood Forest Hospitals	11
Shrewsbury & Telford	3
Solihull Hospital	5
Southport & Ormskirk	1
St George's, London	1
St Marys Isle of Wight	2
St Richards, Chichester	5
Staffordshire General	1
Stockport Stepping Hill	20
Stobhill Glasgow	5
The Ipswich Hospital	1
Stoke-on-Trent, Royal Inf	46
The Royal London	8
The Ulster Hospital	2
Torrey	17
University Hosp, Aintree	13
University Hosp, Coventry	5
University Hosp, Bristol	7
Victoria Hosp Kirkcaldy Fife	35
Watford General	25
West Cumberland Hosp.	2
Western Infirmary, Glasgow	2
Whiston Hospital, Mersyside	3
Yeovil District Hospital	11
York Hospital	6
Ysbyty Gwynedd, Bangor	1

World Stroke Congress, Seoul, South Korea

ENOS hosted a stand at the World Stroke Congress, Seoul in October. We were pleased to meet with many collaborators from India, Egypt, Romania and Italy and received new interest from over 25 new centres interested in joining the trial.



Prof Philip Bath and Prof Kameshwar Prasad, National Coordinator, India

New centre, India

A warm welcome to:

Dr Soaham Desai and his team at Shree Krishna Hospital, Karamsad, India who have recently joined the trial and already recruited two patients.



Diary Dates

L to R: Dr Desai, Dr Devangi, Dr Sanket

UK Stroke Forum, 30 November – 2 December

- Investigator Meeting, Wed 1 Dec, 5.15-6pm, Alsh Room, SECC

Thursday 13 January 2011

- 12.30 GMT UK teleconference
- 14.30 GMT International teleconference

If you wish to take part, please email enos@nottingham.ac.uk. Toll free dial-in numbers will be forwarded nearer the time.

Tip of the month

Following a recent question from an investigator, we would like to clarify an issue relating to patients taking their usual pre-stroke antihypertensive medication in ENOS. If a patient has received their usual (or new) antihypertensive medication after their stroke, and before they are randomised, they are ineligible for the trial and should **not** be recruited. This clarification reflects that any BP medications received between stroke and randomisation imply that the investigators are no longer unsure about the management of BP in acute stroke, in which case the patient is no longer eligible for the trial. The FAQ have been updated to include this and further discussion can take place at workshops if required.

*****Recently Updated Forms*****

- Site monitoring visit form, v2.0, 27 March 2009
- Minutes, UK Teleconference Workshop, 16 September 2010
- Minutes, International Teleconference Workshop, 16 September 2010
- CT/MRI scan transfer document, v1.1, September 2010
- CT/MRI scan upload document, v1.1, September 2010
- MHRA approval letter, addition of new centres, 8 September 2010
- Substantial amendment form, new centres, 2 September 2010
- MREC approval letter, addition of new centres 28 September 2010
- ENOS training presentation v1.1, October 2010
- Protocol violation form v1.4, October 2010, Protocol violations SOP v1.4, October 2010
- FAQ v2.2, October 2010